“Fears & Phobias”

Test Review

Vocabulary (40%)

Know the meaning of the following words:

* Activate – To cause something to start working
* Trigger – To cause it to begin
* Turbulence – An interruption in flow that causes disruption
* Immaturity – Not fully grown or developed
* Amygdala – Part of the brain that keeps track of scary experiences

Comprehension

What is fear?

Which section tells what happens in your body when you feel fear?

What physical reactions do we have when we are scared?

What is a phobia?

What details are included in “What Causes Phobias?”

Written response with evidence

* 11. Cite evidence that explains why fear is helpful to us. Explain how this is helpful.
* 12. Explain how a phobia can make people’s lives difficult.

Read or review “Fears & Phobias” at: <http://kidshealth.org/en/teens/phobias.html>

You can also listen to the text!