“Fears & Phobias”

Delineation Chart

Task: Identify the key details and purpose of each section in “Fears & Phobias.”

Why?

* To track key elements of structure, purpose, and main idea and key details in an informational text to assist your pre-test revision
* To prepare for Unit 1 project: A delineation model of “Fears & Phobias” that represents a common fear

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| Section | Key Details (3-5) | Purpose |
| “What is Fear?” | * A basic human emotion
* A reaction
* A signal to the brain
 | To define fear |
| “How Fear Works” | * Prepares our body to respond to danger: “Fight or Flight”
* Faster pulse rate to activate muscle groups
* Sweating to keep body cool
 | To explain how fear affects us |
| “Fears People Have” |  | To identify common fears |
| “Fears During Childhood” |  |  |
| “Phobias” |  |  |
|  |  |  |
| “Overcoming Phobias” |  |  |